

Staff Sgt. Meg Krause
U.S. Army Reserve, Retired
Associate Director, Veterans Programs, American Council on Education

A native of Libertyville, Ill., U.S. Army Reserve (ret.) Staff Sgt. Meg Krause joined the U.S. Army in January 2002 as a health care specialist. During her five years of active duty service, Krause served in support of Operation Iraqi Freedom. As a medic on patrols throughout Iraq, she provided care to both wounded soldiers and civilians while encountering improvised explosive device blasts and small arms combat. After returning from Iraq in 2006, Krause became a member of the Army Reserve and returned to school.

When Krause returned home, she did not think that psychological health concerns were affecting her. However, as Krause prepared to graduate college, she began to exhibit signs that she was coping with post-traumatic stress as a result of combat. After being approached by one of her soldiers and talking with her commanding sergeant, Krause sought care for her invisible wounds and consequently returned to her unit as a stronger and more resilient soldier.

As a member of the U.S. Army Reserve, Krause served as a medical non-commissioned officer for the D Company, 450th Civil Affairs Battalion out of Riverdale, Md. Prior to joining the 450th Civil Affairs Battalion, Krause served as the non-commissioned officer in charge of the Medical Treatment Section for the 365th Engineering Battalion based out of Schuylkill Haven, Pa.

In December of 2011, Krause retired from the Army Reserve, but continues to support the military in her role as the associate director of veterans programs at the American Council on Education, the major coordinating body for all the nation's higher education institutions. In addition to working full-time, Krause is pursuing a dual master's degree in business administration and communications from The Johns Hopkins University.